



# Knox City - O'Brien CISD



606 East Main Street, Knox City, Texas 79529

Phone: (940)657-3621

Fax: (940)657-3379

Business Manager: Tammy Gonzales

Superintendent: Colin Howeth

PEIMS: Coordinator: Sharon Wainscott

## School Health Advisory & District Wellness Plan Committee

3rd Quarterly Meeting Location: Knox City-O'Brien Administration Building - Board Room

### AGENDA

- A. Membership Update
- B. Texas Department of Agriculture (TDA) Administrative Review
- C. Fitness Gram- Caleb Callaway
- D. Dental and vision checks
- E. Updating School website
- F. Other Information – Tabled by Committee



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### MINUTES

Membership Update- Christie Howeth

Tammy Gonzales updated the committee on the TDA Administrative Review.

Fitness Gram- Caleb Callaway

- Coach Callaway notified the committee of the Fitness Gram program that KCOBCISD participates in. He explained how the program worked and the benefits of testing the students health status using the program.

Dental and Vision Checks

- School Nurse discussed with the committee possible dates for dental and vision checks for all students in the ISD. She also showed the committee a flyer to be sent home with students concerning sliding scale dental care offered by Famila Dental in Abilene, TX.

Website Postings

- The committee discussed the required postings for district webpage from USDA. The website was looked up and assessed. Christie Howeth stated that she would get with our technology director to ensure all necessary items were posted in a timely matter.